

# **BOXED GOURMET SPRING/SUMMER 2019 CATERING MENU**

## **CREATE YOUR OWN MEAL**

### **Proteins:**

- Chicken breast, Grilled or Roasted **\$55**
- Chicken Thighs, Smoked **\$50**
- Shrimp, Grilled or Roasted **\$90**
- Salmon, Roasted or Pan Seared **\$100**
- Petite Filet, Grilled or Roasted **\$90**
- Stuffed Portabella Mushrooms **\$40**

### **Vegetables: \$35 EACH**

- Red pepper and Broccoli with red onions
- Snap peas, mushroom, and red pepper medley
- Green Bean almandine
- Roasted Broccoli with Meyer lemon and parmesan
- Braised honey glazed carrots
- Vegetable Medley of squash, zucchini, cauliflower and roasted tomatoes

### **Starches: \$20 EACH**

Specify your flavor choice from the following (potatoes are excluded): Roasted Red Pepper & Herb, Honey & Cashew, Southwest Black bean & Corn, or Ginger soy.

- Brown Rice
- Quinoa
- Israeli Couscous

- Roasted fingerling potatoes with caramelized onions
- Scalloped potatoes au gratin
- Garlic Mashed potatoes
- Mini Honey Corn Muffins (1 dozen) **\$15**

**Sauces:** (INCLUDED IN PRICES)

- Piccata
- Marsala
- Sweet & Spicy Ginger Soy
- Roasted Red Pepper Alfredo
- Thai Peanut
- Cajun “cream”
- Red Wine Jus
- Mediterranean
- Picante

**Parfaits**

Minimum 8 People

**Cherry Blossom Parfait (V)(GF):** Sour Cherry compote, non-fat vanilla yogurt and fresh berries. **\$4.25 each**

**Peach Raspberry Parfait (V)(GF):** Raspberry coulis and poached peaches in non-fat vanilla yogurt. **\$4.25 each**

**Crunch Parfait (V):** Honey flavored non-fat yogurt, homemade granola, and seasonal stone fruits. **\$4.25 each**

**Cherry Berry Lemon Parfait (V):** Cherry confit with citrus yogurt and granola crunch. **\$4.25 each**

## **Wraps**

**Grilled Salmon Wrap:** Grilled salmon filet with applewood smoked bacon, tomato, spring mix, caramelized red onion and basil mayonnaise in an herb tortilla. **\$9.25 per person**

**Grilled Caesar Wrap:** Grilled chicken breast, romaine lettuce, shaved parmesan cheese and classic Caesar dressing in a flour tortilla. **\$8.95 per person**

**Turkey Club Wrap:** Smoked turkey breast, Monterey jack cheese, smokehouse bacon, red leaf lettuce, sliced tomato, and mayonnaise in a spinach tortilla. **\$8.50 per person**

**Spa Wrap (V):** Roasted red pepper hummus, California avocado, spinach leaves, vine ripened tomatoes and feta cheese in a spinach wrap. **\$7.95 per person**

**Vegetable Garden Wrap (V):** California asparagus, leafy lettuce, goat cheese, micro greens, roasted red peppers and Boursin cheese spread in a jalapeno tortilla. **\$8.50 per person**

**Green Goddess Wrap (V):** Cucumber, vine ripened tomatoes, fresh mozzarella, green leafy lettuce, pickled green onions, avocado, sprouts, green goddess dressing in a spinach tortilla. **\$8.50 per person**

**BBQ Ranch Wrap:** Honey BBQ chicken breast with ranch slaw, smoked cheddar, red leafy lettuce and plum tomato in a jalapeno tortilla. **\$8.95 per person**

**Spaniard Wrap:** Serrano ham and manchego cheese with piquillo peppers, roasted tomatoes, arugula and aioli in a fresh herb tortilla. **\$9.25 per person**

**WOW Quinoa Wrap (V):** Organic quinoa with avocado, cherry tomatoes, zucchini, black beans, roasted yellow peppers, cilantro, and queso fresco wrapped in a black bean tortilla. **\$8.75 per person**

**MOJO Wrap:** Grilled Gulf shrimp marinated in an orange-habanero mojo with lettuce, tomatoes, and cilantro-lime slaw wrapped in a chipotle tortilla. **\$9.25 per person**

**Peanut Butter Berry Wrap:** Creamy peanut butter, applewood smoked bacon, banana and blueberry jelly in a whole wheat tortilla. **\$8.95 per person**

## **Salad**

**Simple Salad:** Tomatoes, cucumbers, brioche croutons, and balsamic dressing. **\$32**

**Spring Salad:** Asparagus, green beans, tomatoes, toasted almonds, shaved parmesan cheese, mixed greens and raspberry vinaigrette. **\$39**

**Strawberry Spinach Salad:** Homemade granola, goat cheese and balsamic dressing. **\$39**

**Protein Blast Caesar Salad:** Chicken, bacon, hard boiled eggs, romaine lettuce, parmesan cheese and Caesar dressing. **\$45**

## **Pasta**

**Chicken Parmesan Bake:** Chicken breast, homemade marinara, fresh basil, parmesan, mozzarella, rotini pasta. **\$8 per person**

**Caprese Chicken Penne:** Chicken breast, fresh tomatoes, basil, olive oil, mozzarella, penne pasta, light tomato, sauce. **\$8 per person**

**Shrimp Andouille:** Sausage, holy trinity celery, bell pepper, onion, cajun marinated shrimp, hot cajun spices, rice, brothy tomato sauce. **\$9 per person**

## **Desserts**

**Mini Salted Caramel Brownie Bites (10) \$19**

**Mini Bad A\*\* Chocolate Chip Cookies (10) \$19**

