



## BOXED GOURMET SPRING/SUMMER 2019 CATERING MENU

### CREATE YOUR OWN MEAL

*\*EACH ORDER SERVES 10 PEOPLE\**

#### Proteins:

- Chicken Breast, Grilled or Roasted **\$55**
- Chicken Thighs, Smoked **\$50**
- Shrimp, Grilled or Roasted **\$90**
- Salmon, Roasted or Pan Seared **\$100**
- Petit Filet, Grilled or Roasted **\$90**
- Stuffed Portabella Mushrooms **\$40**

#### Protein Sauces: (INCLUDED IN PRICES)

- Piccata – *lemon caper sauce*
- Marsala – *mushroom gravy*
- Sweet & Spicy Ginger Soy
- Roasted Red Pepper Alfredo – *“cream” sauce made with milk, not cream*
- Thai Peanut – *can be spicy or not*
- Cajun “Cream” – *creamy sauce (made w/milk), Cajun flavor & a little kick*
- Red Wine Jus - *made with red wine & reduced stock*
- Mediterranean – *white wine herb sauce (parsley, oregano & thyme)*
- Picante – *Mexican spicy tomato sauce*

#### Vegetables: **\$35 EACH**

- Broccoli & Red Peppers with Red Onions
- Snap Peas, Mushroom and Red Pepper Medley
- Green Bean Almondine – *steamed green beans / roasted almonds / toasted almond & olive oil*
- Roasted Broccoli with Meyer Lemon and Parmesan
- Braised Honey Glazed Carrots
- Vegetable Medley - Squash, Zucchini and Roasted Tomatoes



## **Starches: \$20 EACH**

Specify your flavor choice from the following (potatoes are excluded): Roasted Red Pepper & Herb, Honey & Cashew, Southwest Black Bean & Corn, or Ginger Soy.

- Brown Rice
- Quinoa
- Israeli Couscous
- Roasted Fingerling Potatoes with Caramelized Onions
- Scalloped Potatoes Au Gratin
- Garlic Mashed Potatoes
- Honey Corn Muffins **\$15 per dozen**
- Mini Honey Corn Muffins **\$12 per dozen**

## **Parfaits**

*Minimum 8 Orders per Flavor*

**Cherry Blossom Parfait (V)(GF):** Sour Cherry compote, non-fat vanilla yogurt and fresh berries. **\$4.25 each**

**Peach Raspberry Parfait (V)(GF):** Raspberry coulis and poached peaches in non-fat vanilla yogurt. **\$4.25 each**

**Crunch Parfait (V):** Honey flavored non-fat yogurt, homemade granola, and seasonal stone fruits. **\$4.25 each**

**Cherry Berry Lemon Parfait (V):** Cherry confit with citrus yogurt and granola crunch. **\$4.25 each**



## Wraps

*Minimum 8 Wraps per Choice*

**Grilled Salmon Wrap:** Grilled salmon filet with applewood smoked bacon, tomato, spring mix, caramelized red onion and basil mayonnaise in an herb tortilla. **\$9.25 per person**

**Grilled Caesar Wrap:** Grilled chicken breast, romaine lettuce, shaved parmesan cheese and classic Caesar dressing in a flour tortilla. **\$8.95 pp**

**Turkey Club Wrap:** Smoked turkey breast, Monterey jack cheese, smokehouse bacon, red leaf lettuce, sliced tomato, and mayonnaise in a spinach tortilla. **\$8.50 pp**

**Spa Wrap (V):** Roasted red pepper hummus, California avocado, spinach leaves, vine ripened tomatoes and feta cheese in a spinach wrap. **\$7.95 pp**

**Vegetable Garden Wrap (V):** California asparagus, leafy lettuce, goat cheese, micro greens, roasted red peppers and Boursin cheese spread in a jalapeno tortilla. **\$8.50 pp**

**Green Goddess Wrap (V):** Cucumber, vine ripened tomatoes, fresh mozzarella, green leafy lettuce, pickled green onions, avocado, sprouts, green goddess dressing in a spinach tortilla. **\$8.50 pp**

**BBQ Ranch Wrap:** Honey BBQ chicken breast with ranch slaw, smoked cheddar, red leafy lettuce and plum tomato in a jalapeno tortilla. **\$8.95 pp**

**Spaniard Wrap:** Serrano ham and manchego cheese with piquillo peppers, roasted tomatoes, arugula and aioli in a fresh herb tortilla. **\$9.25 pp**

**WOW Quinoa Wrap (V):** Organic quinoa with avocado, cherry tomatoes, zucchini, black beans, roasted yellow peppers, cilantro, and queso fresco wrapped in a black bean tortilla. **\$8.75 pp**

**MOJO Wrap:** Grilled Gulf shrimp marinated in an orange-habanero mojo with lettuce, tomatoes, and cilantro-lime slaw wrapped in a chipotle tortilla. **\$9.25 pp**

**Peanut Butter Berry Wrap:** Creamy peanut butter, applewood smoked bacon, banana and blueberry jelly in a whole wheat tortilla. **\$8.95 pp**



## Salad

**Simple Salad:** *Tomatoes, cucumbers, brioche croutons, and balsamic dressing* \$32

**Spring Salad:** *Asparagus, green beans, tomatoes, toasted almonds, shaved parmesan cheese, mixed greens and raspberry vinaigrette* \$39

**Strawberry Spinach Salad:** *Homemade granola, goat cheese and balsamic dressing* \$39

**Protein Blast Caesar Salad:** *Chicken, bacon, hard-boiled eggs, romaine lettuce, Parmesan cheese and Caesar dressing* \$45

## Pasta

**Chicken Parmesan Bake:** *Chicken breast, homemade marinara, fresh basil, Parmesan, mozzarella, rotini pasta.* \$45

**Caprese Chicken Penne:** *Chicken breast, fresh tomatoes, basil, olive oil, mozzarella, penne pasta, light tomato sauce.* \$45

**Shrimp Andouille:** *Sausage, holy trinity celery, bell pepper, onion, Cajun marinated shrimp, hot Cajun spices, rice, brothy tomato sauce.* \$60

## Desserts

**Mini Salted Caramel Brownie Bites (20 per order)** \$19

**Mini Bad A\*\* Chocolate Chip Cookies (20 per order)** \$19

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